# REGAL BREAKFAST SERVED UNTIL NOON

OATMEAL \$4.00

BAGEL WITH CREAM CHEESE \$4.50 FRUIT PARFAIT \$6.00

BREAKFAST SANDWICH | BAGEL \$6.00 EGG & CHEESE

VEGGIE BOWL & TOAST \$6.75

QUINOA, SPINACH, TOMATO, ARUGULA, CUCUMBER, RED ONION, AVOCADO AND BELL PEPPER - WITH HUMMUS AND EVERYTHING BAGEL SEASONING

EGG BREAKFAST STARTING AT \$7.00

STARTING WITH ONE EGG BUT PICK AS MANY AS YOU WANT \*ADDITIONAL COST PER EGG\*

SERVED WITH CRISPY POTATOES AND TOAST YOUR CHOICE OF BACON, SAUSAGE OR HAM

BREAKFAST TACOS \$7.50 EGGS, POTATO AND CHEESE

CLASSIC BREAKFAST OMELET \$7.50 FLUFFY EGGS FOLDED TO PERFECTION WITH MELTED CHEESE

BREAKFAST BURRITO | QUESADILLA \$8.25 EGGS, POTATO AND CHEESE

AVOCADO TOAST \$9.00 EGG, SMASHED AVOCADO OVER TOAST TOPPED WITH ARUGULA, CUCUMBER AND EVERYTHING BAGEL SEASONING

POWER BOWL & TOAST \$10.50 CHOICE OF BACON, SAUSAGE OR HAM SERVED WITH CRISPY POTATOES, EGGS AND CHEDDAR CHEESE

SAUSAGE

STEAK & EGGS \$14.00
TWO EGGS, STEAK, CRISPY POTATOES AND TOAST



ORDER ONLINE - LOCAL BY TOAST APP OR OUR WEBSITE WWW.WALSENBURGMERCANTILE.COM

## SWEET & SAVORY

YOUR CHOICE OF BACON, SAUSAGE OR HAM

PANCAKE BREAKFAST \$9.50 WAFFLE BREAKFAST \$9.50 FRENCH TOAST BREAKFAST \$10.50



## LITTLES BREAKFAST

## DON'T FORGET THE GOODS

LOAD UP ON THE GOOD STUFF

\$0.25 EACH	\$0.50 EACH
BANANA	ARUGULA
CARROTS	BELL PEPPERS
ONIONS	CREAM CHEES
TOMATOES	CUCUMBER
	JALAPEÑO
	MUSHROOMS
	SPINACH

\$0.50 EACH	\$1.00 EACH
ALMONDS	BLUEBERRIES
JELLY	STRAWBERRIES
SWEET CHIPS:	GRANOLA
PEANUT BUTTER	HONEY
WHITE	PEANUT BUTTER
CHOCOLATE	WHIPPED CREAM
CHOCOLATE	

#### POWER UP WITH PROTEIN

I.OO EACH	\$4.00 EACH
EGG	CHICKEN
HUMMUS	PULLED PORK
	TATOR TOTS
2.00 EACH	\$10.00 EACH
HAM	SHRIMP (5)
BACON	SIRLOIN STEAK
AVOCADO	
QUINOA	

DYNAMITE DELIGHTS FRUIT AND YOGURT PARFAIT

\*REXASAURUS DINO EGG SCRAMBLED EGG WITH BACON, SAUSAGE OR HAM



MINI COAL MINE MINI PANCAKE OR WAFFLE WITH BACON, SAUSAGE OR HAM

GLUTEN-FREE, VEGAN & VEGETARIAN OPTIONS AVAILABLE UPON REQUEST

IF YOU HAVE A FOOD ALLERGY OR SPECIAL DIETARY NEEDS, PLEASE INFORM YOUR SERVER BEFORE ORDERING

\*CONSUMING RAW OR UNDERCOOKED MEATS, POLTURY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF A FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

#### **REGAL SALADS**

MAKE IT A WRAP \$0.50

SOUP AND SALAD BAR

INDIVIDUAL SOUP SM \$4.00 | MED \$6.00 | LG \$12.00 MAKE YOUR OWN SALAD \$9.99 PER POUND ALL YOU CAN EAT - SALAD \$15.00 | SOUP AND SALAD \$20.00

CAESAR SALAD \$9.50
ROMAINE, PARMESAN CHEESE AND CROUTONS

QUINOA ASIAN SALAD \$10.00

QUINOA, CARROTS, CUCUMBERS, RED CABBAGE, ROASTED RED PEPPER, WONTON STRIPS AND TERIYAKI DRESSING

SOUTHWESTERN SALAD \$11.00

QUINOA, ROMAINE, AVOCADO, BLACK BEANS, RED ONION, CHERRY TOMATOES AND BELL PEPPER TOPPED WITH A HERB DRESSING

MEDITERRANEAN SALAD \$11.50
ROMAINE, CUCUMBER, CHERRY TOMATOES, RED ONION,
OLIVES AND FETA CHEESE TOPPED WITH A ZESTY DRESSING

BUFFALO CHICKEN SALAD \$14.50
ROMAINE, GRILLED CHICKEN, CHERRY TOMATOES,
ONION, BUFFALO SAUCE AND BLUE CHEESE DRESSING

ITALIAN CHOPPED SALAD \$16.00
ICEBERG LETTUCE, SALAMI, PEPPERONI, TURKEY, PROVOLONE,
PARMESAN CHEESE, CHERRY TOMATOES, RED ONION, BANANA
PEPPERS WITH ITALIAN DRESSING

### REGAL BURGERS

SERVED WITH FRIES OR CHIPS

- SPICY CHICKEN SANDWICH \$14.00 deep fried chicken patty, spicy mayo, shrimp jalapeno popper and lettuce
  - \*MUSHROOM SWISS BURGER \$13.00
    JUICY BEEF PATTY TOPPED WITH SAUTÉED MUSHROOMS
    AND CREAMY MELTED SWISS CHEESE
  - \* CAJUN BURGER \$17.00

    TWO BEEF PATTIES WITH SWISS CHEESE, CARAMELIZED ONIONS,

    FRIED JALAPEÑO SHRIMP POPPERS AND CAJUN HOUSE FALCON SAUCE
  - \*BUILD YOUR OWN BURGER . . STARTING AT \$9.50

    UNLEASH YOUR CREATIVITY WITH OUR BUILD YOUR OWN BURGER EXPERIENCE!

    \*\*all burgers are served with lettuce, onion, tomato & pickles

    ADD THE GOODS:

    EXTRA PATTY \$3.00 | EGG YOUR WAY \$1.00

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### SANDWICH & SPECIALTIES

SERVED WITH FRIES OR CHIPS

GRILLED CHEESE \$8.00
BUTTERED TEXAS TOAST FILLED WITH CHEESE

BLT \$10.50 BACON, LETTUCE AND TOMATO

TURKEY BALSO \$11.00
TURKEY, CREAM CHEESE, CUCUMBER
AND SPINACH WITH A BALSAMIC GLAZE

BYO FRIES, TOTS, OR CHIPS \$9.50
UNLEASH YOUR CREATIVITY - ASK YOUR SERVER FOR A SUGGESTION!

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YOU PICK - FRIES, TATOR TOTS OR CHIPS
CREAM CHEESE, JALAPEÑOS, SALSA, MUSHROOMS \$0.75 EACH
CHEDDAR, PROVOLONE, SWISS, OR PEPPER JACK \$1.00 EACH
AVOCADO, GREEN CHILI STRIP, BACON OR JALAPENO POPPER \$2.00 EACH

PULLED PORK SANDWICH \$12.00 DILL PICKLE CHIPS, RED ONION, BBQ SAUCE AND A SIDE OF COLESLAW

SPINACH & BACON TURKEY MELT \$12.50 TURKEY, SPINACH AND BACON WITH

TOMATOES AND SWISS CHEESE

CHICKEN PESTO PANINI \$12.50
CHICKEN WITH PESTO, ARUGULA, ROASTED RED
PEPPER STRIPS AND FRESH MOZZARELLA CHEESE
SOCO PHILLY CHEESESTEAK \$12.50

BELL PEPPERS, ONIONS AND THE
SOCO TWIST OF GREEN CHILI STRIPS

STOKED TACOS \$12.50 PICK YOUR PROTEIN: SHREDDED BEEF OR CHICKEN

TOPPED WITH LETTUCE, TOMATOES AND MEXICAN CREAMA

VEGGIE SANDWICH \$13.00

SPINACH, TOMATO, ARUGULA, CUCUMBER, RED ONION, BELL PEPPER, AVOCADO WITH HUMMUS AND EVERYTHING BAGEL SEASONING

FRENCH DIP \$14.00

BLACK ANGUS ROAST BEEF AND MELTED SWISS WITH AU JUS

JALAPENO POPPER PANINI \$14.00

STUFFED SHRIMP, BACON, CREAM CHEESE, AND MOZZARELLA JALAPENO POPPERS LAYERED BETWEEN CIABATTA BREAD

REGAL CLUB \$14.50
TURKEY, HAM, BACON, CHEDDAR CHEESE,
LETTUCE AND TOMATO

THE BURG REUBEN \$14.50
CORNED BEEF, SLICED SWISS CHEESE,
SAUERKRAUT AND THOUSAND ISLAND DRESSING

SPICY ITALIAN \$14.50 SALAMI, PEPPERONI, HOT CAPICOLA, SPINACH, RED ONION, BANANA PEPPERS AND BELL PEPPER

BIRRIA TACOS \$15.00

SLOW-COOKED BEEF WITH CHILIES AND SPICES - SERVED IN CORN TORTILLAS WITH ONION, CILANTRO AND A SIDE OF CONSOMMÉ

PO'BOY SANDWICH

FISH, SHRIMP OR CHICKEN \$16.00 | OYSTERS \$18.00 TOPPED WITH COLESLAW, LETTUCE, TOMATOES, PICKLES AND SPICY FALCON SAUCE

SURF N<sup>9</sup> TURF PO<sup>9</sup>BOY SANDWICH \$18.00 STEAK AND SHRIMP, CARAMELIZED ONIONS, BELL PEPPERS WITH WITH A BACON-WRAPPED SHRIMP JALAPEÑO POPPER

GLUTEN-FREE, VEGAN & VEGETARIAN OPTIONS
AVAILABLE UPON REQUEST



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#### SIDEKICKS WORTH ADDING

BLACK BEANS | POTATO SALAD \$3.00 EACH

SEASONAL FRUIT | CHICKEN | STEAK | PULLED PORK \$4.00 EACH

Shrimp Jalapeño Popper (1) | mozzarella sticks (3) \$5.00 each

FRENCH FRIES | ONION RINGS | TOTS \$6.00 EACH