



LET'S GET TO KNOW THE SPIRIT WOMAN CREATIONS

Hello my Fellow Beings!

I am so grateful for this opportunity to bring you a piece of me and the work I am called to birth into this existence. Jessie McAllister is my name, but I am also known as "Spirit Woman"!

I am a wanderer, both of the Earth and of the Dream World. I am a thriver in a very unconventional setting, and carry many medicines with me. I have traveled all over, from Vermont to Las Vegas and now back to Colorado where I was born. It's been a full circle journey. I have connected with many beings and teachings and love to deliver what I have learned to you. Many Indigenous materials have been created within these travels including some of the items you see displayed here. I love birthing rattles, drums, and teaching others how to birth their own. I also make beaded jewelry, smudge fans and dream catchers. I am a Holy Fire Reiki master and have studied and understand multiple healing modalities. Core Shamanism and Peruvian Shamanism, Cherokee Bodywork, herbalism, and healing with stones and crystals and essential oils, and colloidal silver.

Coming from a traumatic childhood, I spent most of my time alone wandering the fields and mountains, being around animals, and creating art with anything I could get my hands on. There isn't much I haven't tried. I was a determined creator. When I was 7 I taught myself how to sew using an old treadle sewing machine, since I couldn't get anyone to teach me. I was always very different but didn't know why. Early into my 30's I learned of my native blood and details of my trauma, and I began understanding why I was the way I was. It was also when I began healing. I was diagnosed with Multiple Personality Disorder. I struggled for many years in and out of hospitals until 9 years ago when I connected with one particular Dr who was Native and helped me integrate my 'parts' and start the journey towards my life's calling as a healer. It was during this time I began making rattles and drums, dream catchers, specialized healing jewelry and other sacred altar pieces. I was also an avid artist as a kid. Mostly with oil painting and sketching animals. It became the perfect storm to bring my creative and healing spirits together. I also love to teach others how to birth their own drums and rattles in groups or individual sessions. I am looking forward to this new path and where it may lead me.